

Abstract

Title:

Analysis of the influence of beach volleyball training to young indoor volleyball players.

Aim:

The aim of this diploma thesis is to find out expert opinions of coaches who operate in Czech volleyball, about influence of beach volleyball training to young indoor volleyball players. Furthermore, this thesis should bring information about if coaches would recommend to using beach volleyball training for young indoor volleyball players development. Secondary aim of this thesis is to find out opinions of coaches operating in USA universities about the same topic.

Method:

I've used method of questioning by nonstandardized questionnaire with closed and opened questions to fulfill the objective. The data obtained from the questionnaire was analyzed by the sum of the number of probands and their answers. The results were processed by conventional statistical methods, expressed in words, graphs and tabulated.

Results:

The results of this study have illustrated opinions of coaches, about the issue of influence of beach volleyball training to young indoor volleyball players.

Keywords:

Volleyball

Beach Volleyball

Influence of beach volleyball training

Development of young players